

NOVEMBER 2018

HES

- PRE-K-6TH GRADE STUDENTS CAN RECEIVE BREAKFAST AND LUNCH AT NO COST
- MEALS MUST INCLUDE ½ CUP FRUIT AND/OR VEGGIE TO COUNT AS A MEAL
- STUDENTS HAVE TO PAY FOR EXTRA ITEMS- EXTRA ENTREES, CHIPS, ICE CREAM, ETC.

Monday

Tuesday

Wednesday

Thursday

Friday



BREAKFAST
ASSORTED BISCUITS

5

CHICKEN TENDERS
CREAMED POTATOES
GREEN BEANS
ROLL

BREAKFAST
PANCAKES

6

TACO SALAD
DORITOS
TACO TOPPINGS

BREAKFAST
ASSORTED BISCUITS

7

PIZZA BAR
CORN
GARDEN SALAD

BREAKFAST
BREAKFAST SANDWICH

1

CHICKEN ALFREDO W/ BREADSTICK
OR HOTPOCKET
STEAMED VEGGIES
GARDEN SALAD

BREAKFAST
ASSORTED BISCUITS

2

CHICKEN SANDWICH OR
CHICKEN POPPERS
POTATO WEDGES/COOKIE

BREAKFAST
BREAKFAST SANDWICH

8

BBQ SANDWICH OR CORNDOG
BAKED BEANS
POTATO ROUNDS
SLAW

BREAKFAST
BREAKFAST SANDWICH

9

BURGER OR HOTDOG
BAKED BEANS
LETTUCE/TOMATO/PICKLE
BAKED CHIPS/COOKIE

NO SCHOOL

12

**THANK YOU
VETERANS**

BREAKFAST
PANCAKES

13

CRISPITO
PINTO BEANS/FIESTA RICE
CHEESE SAUCE/TORTILLA CHIPS
SALSA/JALAPENOS
GARDEN SALAD

BREAKFAST
ASSORTED BISCUITS

14

PIZZA BAR
CORN
GARDEN SALAD

BREAKFAST
CEREAL/CEREAL BARS

15

THANKSGIVING
MEAL

BREAKFAST
ASSORTED BISCUITS

16

CHICKEN SANDWICH OR
CHICKEN POPPERS
POTATO WEDGES/COOKIE

THANKSGIVING
HOLIDAYS
NO SCHOOL
11/19-11/23

19



Thanksgiving Break
No School

21



23

BREAKFAST
ASSORTED BISCUITS

26

CHICKEN TENDERS
CREAMED POTATOES
GREEN BEANS
ROLL

BREAKFAST
PANCAKES

27

CRISPITO
PINTO BEANS/FIESTA RICE
CHEESE SAUCE/TORTILLA CHIPS
SALSA/JALAPENOS
GARDEN SALAD

BREAKFAST
ASSORTED BISCUITS

28

PIZZA BAR
CORN
GARDEN SALAD

BREAKFAST
BREAKFAST SANDWICH

29

CHILI
GRILLED CHEESE
BAKED POTATO

BREAKFAST
BREAKFAST SANDWICH

30

BURGER OR HOTDOG
BAKED BEANS
LETTUCE/TOMATO/PICKLE
BAKED CHIPS/COOKIE

BREAKFAST – ASSORTED CEREAL/CEREAL BARS SERVED DAILY

*MENU SUBJECT TO CHANGE

BREAKFAST & LUNCH – VARIETY OF FRUIT, 100% FRUIT JUICE, AND ICE COLD MILK SERVED DAILY

