

JANUARY 2019

HES

- VARIETY OF FRUIT, 100% FRUIT JUICE, AND ICE COLD MILK SERVED DAILY
- ASSORTED CEREAL AND CEREAL BARS OFFERED DAILY FOR BREAKFAST
- MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>2019</i></p>	1	2	3	<p>WELCOME BACK! 4</p> <p><u>BREAKFAST</u> ASSORTED BISCUITS</p> <p>PIZZA BAR CORN GARDEN SALAD</p>
<p><u>BREAKFAST</u> ASSORTED BISCUITS 7</p> <p>CHICKEN TENDERS CREAMED POTATOES GREEN PEAS ROLL</p>	<p><u>BREAKFAST</u> PANCAKES 8</p> <p>TACO SOUP CORN CHIPS SHREDDED CHEESE SOUR CREAM</p>	<p><u>BREAKFAST</u> ASSORTED BISCUITS 9</p> <p>PIZZA BAR CORN GARDEN SALAD</p>	<p><u>BREAKFAST</u> BREAKFAST SANDWICH 10</p> <p>PORKCHOPS BLACK-EYED PEAS DICED POTATOES TURNIP GREENS CORNBREAD</p>	<p><u>BREAKFAST</u> ASSORTED BISCUITS 11</p> <p>CHICKEN SANDWICH POTATO WEDGES LETTUCE/TOMATO/PICKLE COOKIE</p>
<p><u>BREAKFAST</u> ASSORTED BISCUITS 14</p> <p>CHICKEN TENDERS CREAMED POTATOES GREEN PEAS ROLL</p>	<p><u>BREAKFAST</u> PANCAKES 15</p> <p>NACHOS REFRIED BEANS TORTILLA CHIPS, QUESO, SALSA ASSORTED TOPPINGS</p>	<p><u>BREAKFAST</u> ASSORTED BISCUITS 16</p> <p>PIZZA BAR CORN GARDEN SALAD</p>	<p><u>BREAKFAST</u> BREAKFAST SANDWICH 17</p> <p>CHICKEN ALFREDO W/ BREADSTICK OR HOTPOCKET GREEN BEANS GARDEN SALAD</p>	<p><u>BREAKFAST</u> ASSORTED BISCUITS 18</p> <p>BURGER OR HOTDOG BAKED BEANS LETTUCE/TOMATO/PICKLE BAKED CHIPS/COOKIE</p>
<p>NO SCHOOL 21</p> <p>Dr. Martin Luther King Jr. Holiday</p>	<p><u>BREAKFAST</u> PANCAKES 22</p> <p>TACO SALAD DORITOS PINTO BEANS FIESTA RICE</p>	<p><u>BREAKFAST</u> ASSORTED BISCUITS 23</p> <p>PIZZA BAR CORN GARDEN SALAD</p>	<p><u>BREAKFAST</u> BREAKFAST SANDWICH 24</p> <p>BREAKFAST FOR LUNCH BISCUITS & GRAVY BACON OR SAUSAGE SCRAMBLED EGGS & HASHBROWNS</p>	<p><u>BREAKFAST</u> ASSORTED BISCUITS 25</p> <p>CHICKEN SANDWICH POTATO WEDGES LETTUCE/TOMATO/PICKLE COOKIE</p>
<p><u>BREAKFAST</u> ASSORTED BISCUITS 28</p> <p>CHICKEN TENDERS CREAMED POTATOES GREEN PEAS ROLL</p>	<p><u>BREAKFAST</u> PANCAKES 29</p> <p>CRISPITO FIESTA RICE PINTO BEANS NACHO CHEESE SAUCE</p>	<p><u>BREAKFAST</u> ASSORTED BISCUITS 30</p> <p>PIZZA BAR CORN GARDEN SALAD</p>	<p><u>BREAKFAST</u> BREAKFAST SANDWICH 31</p> <p>HOTWINGS POTATO WEDGES ROLL CELERY/CARROTS RANCH</p>	

- Pre-K – 6th Grade students can receive breakfast and lunch at no cost. 7th & 8th grade cost is \$1.00 for breakfast and \$2.25 for lunch
- Meals must include ½ cup fruit and/or vegetable to count as a meal
- Students have to pay for extra items – ice cream, extra entrée, chips, etc.
- Free/Reduced meal application can be completed online – [florencek12.org/departments/child nutrition/apply here](http://florencek12.org/departments/child_nutrition/apply_here)